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metroNEWS

PEDALLING FOR A CAUSE
PARAMEDICS BIKE TO RAISE FUNDS FOR A MEMORIAL TO THEIR FALLEN COLLEAGUES
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HALEY RITCHIE/METRO

Slaying suspects appear in court

CRIME

Two accused in fatal stabbing of teen boy

Joe Lofaro
Metro | Ottawa

One of two men accused in the weekend stabbing death of a 17-year-old boy in Gloucester plans to "vigorously" defend himself in court, according to his lawyer.

Keanu Croteau, 18, and Mohamad Hamade, 25, are each facing one count of second-degree murder in the death of Issaiah Clachar, who was stabbed during an altercation in the parking lot outside of 2020 Jasmine Cres.

The two men, who appeared in court Monday, also face an attempted murder charge in relation to a stabbing of another man involved in the same incident outside the highrise building.

His injuries are not considered life-threatening.

Police said this weekend's attack the attack was not random.

Croteau had several supporters in court Monday, many of whom sobbed in the front rows of the courtroom as he appeared via video link.

"They're all telling me he's a good, young man. He works really hard, he's a high school graduate," said defence lawyer Mark Ertel outside of court.

Ertel said he is unaware of what relation, if any, his client had to the victim.

Croteau and Hamade will return to court Thursday.

Anyone with information regarding this investigation is asked to call Ottawa Police.

PAST INCIDENT

The fatal stabbing of Issaiah Clachar comes five months after the killing of 18-year-old Connor Stevenson, who was also stabbed to death in the same apartment building in April.

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Your essential daily news

Who tosses out 2.3 kilograms of trash per person daily? **World**

Teachers set to ramp up work-to-rule campaign

ELEMENTARY SCHOOLS

Union says offer wasn't the same as other deals

Elementary teachers escalated their work-to-rule campaign Monday and threatened one-day strikes as Premier Kathleen Wynne urged them to accept essentially the same deals as their colleagues in high schools and the Catholic system.

"I'm not happy about the fact there's increased disruption in our public elementary schools," said Wynne. "I don't think kids should be caught in the middle."

The government is offering the elementary teachers virtually the same deal that was ratified last week by the Ontario Secondary School Teachers' Federation and the Catholic Elementary Teachers Association, added Wynne.

"The fact is we have been able to come to agreements with all of the other teacher groups," she said.

The two other large teachers' unions voted to approve agreements that included a one per cent bonus and a 1.5 per cent pay increase, while the union representing teachers in francophone schools also reached a tentative contract.

There are special situations in elementary schools that will be addressed, but teachers must be willing to accept what their colleagues have accepted, said Wynne.

"Obviously it will be a similar agreement to the other teachers because... the parameters are set," she said. "So my hope is that we'll be able to get there quickly."

Sam Hammond, president of the Ontario elementary teachers union, speaks at the annual general meeting in Toronto. With no new deal in place, the union is threatening to begin rotating one-day strikes within two weeks. MELISSA RENWICK/TORSTAR NEWS SERVICE

The Elementary Teachers' Federation said its members will not take part in parent-teacher meetings or class trips and will not fill in for absent colleagues. Teachers may also wear shirts or buttons protesting the lack of a contract, and the union warned it would start one-day rotating strikes within two weeks if there's still no deal.

"Despite what the government is implying, it has not offered our members the same conditions as secondary teachers," ETFO president Sam Hammond said in a release.

Hammond said there is "a significant disparity" in how elementary and secondary schools are funded.

> **It's about how do we get an agreement that's in the best interests of kids in this province.**
> Premier Kathleen Wynne

"That funding gap results in larger class sizes, fewer student supports and poorer working conditions in our elementary schools," he said. "The deal the government insists ETFO accept does absolutely nothing to close that gap."

Wynne insisted she was not concerned by the union's decision to call the one-day rotating walkouts "Wynne Wednesdays," insisting it's never personal for her.

"It's being personalized because that's a political tactic," she said. "It's not about my personal feelings. It's about how do we get an agreement that's in the best interests of kids in this province."

Hammond said ETFO's last contract expired in August 2014, and no new negotiations have been scheduled.

The Canadian Union of Public Employees is also trying to negotiate a new contract for 50,000 non-teaching staff in Ontario schools.

THE CANADIAN PRESS

CATHOLIC BOARD

Trustees to talk sex-ed

Haley Ritchie
Metro | Ottawa

The province's revised and much criticized sex-ed curriculum will be up for discussion Tuesday night at the Ottawa Catholic School Board's second meeting of the year.

The new curriculum will be taught in Ottawa starting this month, in public and Catholic schools alike.

Jan Bentham, the board's co-ordinator of religious education and family life, and Debbie Lawlor, the board's health and physical education consultant, will be presenting updates to the board and answering trustee questions about the new curriculum.

"With guidance from the Assembly of Catholic Bishops of Ontario, the Institute for Catholic Education has incorporated the revisions into the Family Life curriculum that continues to be consistent with Catholic teachings," reads the outline of the agenda for Tuesday night's meeting.

The new curriculum will teach students in Grade 1 the correct terminology for body parts and students in Grade 2 will learn about consent, with a focus on teaching kids that "no means no." Students in Grade 3 will learn that same sex relationships are normal and the concept of gender identity.

The meeting is scheduled for Tuesday 7:30 p.m. in the board room at 570 West Hunt Club Rd.

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Locked-out Capital Taxi drivers walk the picket line outside the Coventry Connections office on Sept. 10. JOE LOFARO/METRO

Legal action against cabbies linked to vote on new deal

LABOUR UNREST

Taxi operator denies sending quid-pro-quo offer to drivers

Joe Lofaro
Metro | Ottawa

Two Capital Taxi drivers who were threatened with cease-and-desist letters last week are being told the threat of legal action will be dropped if the cabbies accept the terms of a collective agreement they vehemently opposed.

The lawyer for Coventry Connections, Ottawa's largest taxi operator, sent the two drivers the letters last week alleging they made defamatory remarks about the company, its owners, and senior management.

The letter, dated Sept. 15 and addressed to driver Ahmed Mastoor, alleged he said Coventry Connections is run by or has connections with "the Mafia or other criminal organizations."

It also alleged Mastoor said Coventry Connections heads Hanif Patni, Marc Andre Way, and their company "is engaged in fraudulent activities."

Mastoor denies the allegations.

Two days later, Sebastien Huard, a lawyer from the firm Emond Harnden LLP, legal counsel for Coventry Connections, wrote to Harry Ghadban, the Eastern Ontario director for the taxi union, Unifor.

The letter appears to be an attempt to put an end to the ongoing labour dispute.

"Subject to the members of the Capital Taxi unit ratifying my client's offer of today's date, my client agrees that it will not discipline drivers who may have engaged in misconduct on the picket lines (or activities related thereto) during the course of the current labour dispute," wrote Huard.

The letter goes on to say, "My client reserves its right to pursue legal action against the aforementioned drivers in the event that my client's offer of today's date is not ratified by the members of the Capital Taxi unit."

Patni, who is president of Coventry Connections, said he was heading into a meeting and could not do an interview with Metro.

> **It wasn't really a new agreement. It's something we already rejected three times.**
> Mohamud Hassan

In a phone interview Monday, Way, who is vice-president of the taxi operator, claimed the original cease-and-desist letters came to the company from either Unifor, the negotiating group, or the Capital Taxi leadership, and not from Coventry Connections. "One of those three made the request," he said, before adding that he could not comment further.

"There's absolutely no way that would have happened," said Ghadban, when reached for comment.

"It wouldn't come from Unifor, it came from Coventry Connections. The two drivers gave me a copy and I shipped them off to my legal department to respond to."

Ghadban said the union's legal team is still reviewing the letter before it advises the two drivers on how to proceed.

He said the allegations are too vague and they need to be more specific before the accused can take any action.

"If he's talking to a couple of his buddies, and how they're chatting along the picket line, I think that's different than if he made that statement to a newspaper," he said.

When asked if Coventry Connections would sue the drivers, the company's vice-president declined to comment.

On Sunday, the membership rejected the latest offer in a 115-98 vote.

The offer included a new reduction in stand rent fees, among other terms, under a three-year agreement, according to the vice-chairman of Capital Taxi's union, Mohamud Hassan.

"It wasn't really a new agreement. It's something we already rejected three times," said Hassan.

Capital Taxi drivers don't want a three-year contract because they know the city is conducting a review of the taxi bylaw since the emergence of Uber in Ottawa. They feel locking themselves into a three-year agreement is a bad gamble.

COURT

City seeks to clear parkway protest

Traffic disruptions on the Airport Parkway may soon come to a halt if the courts side with the City of Ottawa and the Airport Authority.

The two groups are seeking an injunction against protesting Airport Taxi YOW drivers from blocking the parkway for their ongoing demonstrations, which started on Aug. 11.

Airport cabbies are protesting a proposed increase in airport pickup fees to about $5, up from the current rate of around $1.50.

Most of the protests have been peaceful, albeit inconvenient for several motorists.

But the weeks-long protest seemed to have reached a tipping point about two weeks ago when a trio of drivers apparently attacked a Blueline cab and smashed in a window.

The cab had a passenger inside as it drove along the Airport Parkway, but he was not injured.

Mayor Jim Watson scorned the drivers responsible, who were later identified by Ottawa police and charged with mischief. He said he was "fed up" with the troublesome drivers and called the ones caught on video trashing a cab "dangerous."

The city has also asked the Ontario Superior Court to prohibit drivers from "engaging in other unlawful conduct as part of their protests or picketing activity."

In a memo to Watson and city councillors Monday, the city said while the drivers have a right to protest, that right doesn't give them a free pass to utter threats, block the road, and "jeopardize public safety."

"As you can appreciate, an injunction is an extraordinary step and this course of action is not one that the City and Airport Authority have embarked upon lightly. However, while both the City and Airport Authority are not parties to the labour dispute between Unifor and the employer, Coventry Connections, they have had to endure the bulk of the disruption that has been caused by the protests," the memo says.

"These protests have been ongoing now for a considerable period of time and caused serious interference with the public's use of the Airport Parkway."

The injunction hearing is scheduled for Wednesday.

JOE LOFARO/METRO

The third annual Paramedic Ride ended in Ottawa on Monday after a four-day cycling trip across the province to raise money for a monument to fallen paramedics. HALEY RITCHIE/METRO

Workers not fans of 'fire medic' idea

LABOUR

Paramedics say firefighters lack training for new responsibilities

Haley Ritchie
Metro | Ottawa

It was a busy one for Ottawa paramedics on Monday, which included a provincewide fundraiser ending in the capital, a two-day paramedic conference kicking off and a protest planned for city hall.

The protest was rescheduled because of the busy day, but CUPE organizers say a controversial "fire medic" proposal put forward by the Ontario Professional Fire Fighters Association still needs to be addressed.

Firefighters in the province are asking the government to approve expansion of their training and permission to give medical care.

Unionized paramedics are pushing back, saying their extensive training better prepares them to deal with medical emergencies.

"We strongly feel that the proposal does not adequately address the levels of training that are required to give the medications that the PFFAO have put in this proposal," said Chris Day, co-chairman of the CUPE ambulance committee in Ontario.

"We're concerned about patient safety," said Day, explaining that the training paramedics go through is extensive.

He said that despite the fact firefighters sometimes arrive to the scene more quickly, there isn't enough delay for the policy change to make sense.

"The fire departments have done a great job of fire prevention, and now the fire calls are getting fewer and fewer. They're trying to fill that void with something," he said.

Carmen Santoro, president of the PFFAO, said the association has great respect for paramedics and the proposal is about making the system more efficient.

> **Whether you show up in a white truck or a red truck, patients don't care.**
> Carmen Santoro

"Right now we're limited as to what we can do in a medical emergency," he said. "Whether you show up in a white truck or a red truck, patients don't care; they just want medical care."

He said the association is open to compromise on the training component, which currently includes 20 hours of additional education.

"The bottom line is, tell us what is enough training and we'll do it," said Santoro. "We would never do anything that we're not trained to do; it's not in our DNA."

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VANIER

Neighbours fear cat-napper has filched missing felines

Hide your kitties.

A number of Vanier residents believe a cat hoarder may be snatching up domesticated felines in their neighbourhood after their cats vanished without a trace around the Labour Day weekend.

At least six cats went missing south of Montreal Road that weekend, and 15 have disappeared north of there recently, according to Vanier Street Cats, a local shelter.

When resident Jodi Turner's cat Marmalade first disappeared, she thought it might have been scooped up by the Ottawa Humane Society, mistaken for a stray. But when she found out other domesticated cats had also vanished around the same time, she realized something more sinister may have happened.

Turner was away on vacation that weekend and had entrusted Marmalade to the care of her neighbour, Britt Elliott.

On the Saturday of the Labour Day weekend, Elliott noticed his own cat, Sparkle, had not come home. He walked over to his neighbour's house to check on Marmalade and found he too was gone.

Elliott and Turner both checked with the Ottawa Humane Society to see if the cats had been picked up in a sweep for strays, but there was no sign of them. They both filed police reports and put up posters all over the neighbourhood.

Since posting the notices, they have heard similar stories from a handful of other residents down the block on Blake Boulevard. They soon found that at least three other cats vanished.

ALEX ROBINSON/METROLAND MEDIA

THEORIES

Police suggest it could be a predator that preyed upon the cats, but neighbours said there has been no sign of any remains in the area. Another theory is that a neighbour who does not like cats could have hurt them, but both Turner and Elliott said they never received any complaints.

IN BRIEF

Local officers to join in Run to Remember

Ottawa police officers are set to join about 300 of their colleagues from across the country in a three-day run.

Ten Ottawa officers will be part of the National Peace Officers' Memorial Race to Remember, held from Sept. 24 to 26.

The run is a 460-kilometre relay that begins at the Ontario police memorial site in Toronto and ends at the national memorial on Parliament Hill.

The run is meant to raise awareness about the memorial service. Organizers say it also gives officers and others along the way the chance to participate if they can't make it to Parliament Hill for the memorial service. METRO

A shelf in a school library equipped with outdated material. Some of Ottawa's schools are in similar shape, prompting principals to participate in an online fundraiser. MORGAN MODJESKI/METRO

Principals make a plea for books

EDUCATION

Schools hope to fill library budget gap with fundraiser

Haley Ritchie
Metro | Ottawa

Ottawa elementary school principals are making an online plea for library dollars this week, asking for support through the Indigo Adopt a School campaign.

The annual campaign launched Sept. 17. Schools ask supporters to "adopt" or endorse a school daily by going to the website.

The three schools with the highest response in each province can win $10,000, $7,500 and $5,000 in Indigo gift cards for their library.

Twenty high-needs schools in Ottawa are vying to win. Currently in seventh place in the nationwide event, E.W. Gowling Public School is leading the Ottawa schools. It has attracted 90 "adopts" and raised $132.

"Our collection is dated and in need of significant updating," reads the statement posted by the school's principal, Kim MacDonald. "We would benefit greatly from the help of an Indigo adoption to accomplish this."

Holy Cross Elementary is 44th overall and has raised $12, while Grant Alternative School has partnered with the Chapters Kanata location to help with the campaign.

"We are a small school with a very low budget," wrote Mark Bruce, principal of Holy Cross. "Quite often there is not money left to support the library."

Most of the other schools entered in the competition have yet to end up inside the Top 100, and none have money donated as part of the campaign.

Each school entered includes a paragraph written by the principal of the school, making a plea for funds and new books.

Many note that their schools have limited budgets and are full of newcomers to Canada who use library books to learn English.

"Our small school library desperately needs new books," wrote Cindy Beauchamp, principal of Queen Mary Street Public School. "Many of the books on our shelves are terribly out of date. Our school demographic is such that we are unable to raise funds for the library on our own."

Her concerns were echoed by almost every other principal that submitted their school to the program.

Beauchamp adds that in a previous year the Gloucester Chapters "adopted" the school and raised enough to buy 300 new books.

IN BRIEF

Carleton holding election primer for diplomats

Carleton University is inviting diplomats to attend a crash course in Canada's federal election.

The school is holding an election primer for diplomats on Sept. 28.

The event features a panel discussion featuring journalism professor Christopher Waddell, pollster Bruce Anderson and journalist Susan Delacourt. Tom Clark, chief political correspondent for Global News, will moderate the discussion. METRO

CULTURE

Artists sought for Winterlude exhibit

Got an idea for a Canadian nature-themed art exhibit? The federal government would like to hear it.

The Department of Canadian Heritage is asking artists to pitch ideas for large-scale light art installations for a public art exhibition that will be part of the coming Winterlude festivities.

The Fauna Flora exhibit will be on display in Confederation Park from late January to mid-February 2016.

"Artists are invited to propose concepts inspired by Canadian fauna and flora and the possibility that the medium of light offers," says a newly published call for proposals.

"The concept of Canadian nature is broad and (Canadian Heritage) encourages artists to rethink and revisit this thematic, to surprise and push boundaries, playing with size and scale."

The deadline for proposals is Oct. 23. The department says it will pay the winning artist $12,500. STEVE RENNIE/METRO

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HALIFAX

Hundreds attend funeral for slain officer

An off-duty police officer whose body was found near the foot of a bridge in Halifax was remembered Monday as "sweet and strong" in a funeral service that saw police officers and firefighters line a street in Stellarton, N.S., in her honour.

Hundreds of people attended the service at the First Presbyterian Church in Catherine Campbell's hometown and heard her aunt, Mandy Wong, describe her niece as an adventurous person who also had a gentle touch with children. She remembered how Campbell would often bend down on her knee to speak to children to ensure they weren't afraid of police officers.

"She never would have imagined the effect she would have," she said. "Catherine was brave and beautiful and sweet and strong."

Mike O'Sullivan, who served with Campbell during her 10 years as a volunteer firefighter in Stellarton, said the family is known in the community for its devotion to community service.

"Catherine's been here at the station since she could walk, and it's a terrible loss for our community," he said.

Campbell's father Dwight, the chief of Stellarton's volunteer fire department, and her mother Susan walked into the church beneath the outstretched cranes of fire trucks from Stellarton and Truro.

Campbell was reported missing on Sept. 14 when she failed to show up for work with the police service in Truro. Halifax police recovered her body last Wednesday below an underpass leading to the Macdonald Bridge that crosses Halifax harbour.

Christopher Calvin Garnier, 27, is charged with second-degree murder in Campbell's death. He is also charged with indecently interfering with a dead body. THE CANADIAN PRESS

Liberal Leader Justin Trudeau walks to the campaign plane in Toronto on Monday. ADRIAN WYLD/THE CANADIAN PRESS

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Debate heats up over jets

ELECTION 2015

Tories, NDP blast Trudeau for promising to scrap F-35s

The politics of military procurement preoccupied the federal leaders Monday as they fired rhetorical missiles at each other over the future of Canada's ill-fated attempt to buy new fighter jets.

Stephen Harper and Tom Mulcair both blasted Justin Trudeau for announcing a day earlier he would scrap the multibillion-dollar purchase of 65 F-35 stealth fighters to replace the current aging fleet of CF-18s, and reinvest the savings into the navy.

The Conservative and NDP leaders both said it showed a lack of judgment by the Liberal leader.

The heightened rhetoric was reflective of the high stakes at play with military procurement: it is a political hot potato because it usually represents the government's biggest capital expenditure of taxpayers' money.

Asked Monday about what they thought of the Liberal leader's plan to scrap the F-35, Harper questioned "what planet" Trudeau was living on, while Mulcair said Trudeau was prejudging the public tendering process.

Experts say the F-35 purchase would cost taxpayers about $44 billion over the four-decade lifespan of the Lockheed Martin jets.

Trudeau, however, stood his ground, saying there are other, less expensive, proven options already flying that would meet the requirements to replace the CF-18s.

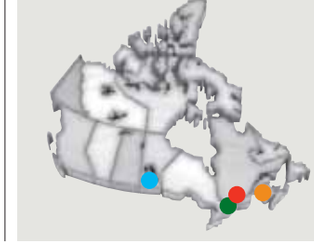
One of Trudeau's foreign policy advisers, the retired Lt-Gen. Andrew Leslie who is running as a Liberal candidate in an Ottawa riding, said any of the other aircraft options would cost 15 to 30 per cent less than the F-35.

The savings, he said, would be spent on upgrades for the navy, which he characterized as being in a state of "crisis."

Leslie is one of the Liberals' star candidates, and the party activated him Monday as the campaign trail debate focused on military procurement.

THE CANADIAN PRESS

WHERE THE LEADERS ARE TUESDAY



- **Stephen Harper** will be in Winnipeg.
- **Justin Trudeau** will be in Montreal.
- **Tom Mulcair** will be in Moncton, N.B.
- **Elizabeth May** will be in Ottawa.

READY TO ENGAGE

Metro's coast to coast daily election series connects young, urban Canadians to the issues they care about

'There's an issue for everyone' — even young voters

ROSEMARY WESTWOOD
in Vancouver

For a digital native, Kevin Ehman takes a dim view of social media's ability to change voting behaviours.

Ehman, 31-year-old project manager of a creative agency, is one of the founders of Vic Votes, a non-partisan organization that aims to boost youth voter turnout the old fashioned way, through engaging people in-person, on the street and at events. The effort is based on the belief that a good 15-minute chat can do what a social media campaign cannot.

"There's an issue for everyone," he says. And the goal is to use that issue as a gateway for voting. "What matters to you? What are you pissed off about? Have you looked into what candidate most closely represents your vantage point on this issue?"

This election, Ehman wants to buck the trend and get youth voters out in force to the polls.

In 2011, about a third of electors aged 18 to 24 voted, and only 45 per cent of those aged 25 to 34, according to Elections Canada. Overall voter turnout hovered around 61 per cent.

So far, Vic Votes has hosted an all-candidates forum and they're asking employers to pledge to let their employees vote. They'll also be at Rifflandia this month, Victoria's popular outdoor music festival.

Ehman is a political junkie, a poli-sci major, the product of rousing dinner table debates, and very aware that not everyone sees the connection between their day-to-day life and Parliament Hill. He uses some friends as examples, guys who love to spend time outdoors, and may not connect that with natural-resource policies, or environmental management.

Ehman's no fan of our first-past-the-post system (he said he likes the NDP's plan, in principal, to adopt a mixed-member proportional system). But, he says, the more people who vote, the more democratic it becomes.

"There's enough people out there trying to tell you who to vote for. It's about trying to convey why, and how," he says, and adds, "and then when is also important."

The campaign has a few 22-year-old volunteers that got involved not for partisan loyalties, but via a belief that voting isn't just a privilege — it's a duty. And that offers some hope.

The stakes are higher than just this one election. A 2013 parliamentary report warned that young non-voters don't magically turn into voters as they age, which "may have long-lasting implications for voter participation in Canada."

It won't be easy for Ehman to judge the success of Vic Votes — but he noted that the group was active during Victoria's recent mayoral campaign, which featured an upset win and an increased voter turnout.

"I don't know if we had an impact," he said, "but I like to think we did."

Rosemary Westwood is travelling across the country talking to young voters. Tomorrow: Jerilynn Webster in Vancouver.

VOTER PROFILE

Name: Kevin Ehman **Age:** 31 **Riding:** Victoria
His issues: Voter turnout, electoral reform

Aboriginal youth want into politics

ROCK THE VOTE

Young electorate finding ways to remove barriers and get involved

Shane Gibson
Metro | Winnipeg

Jenna Wirch is a politically active 24-year-old aboriginal woman from Winnipeg who worries she may not be able to vote in the upcoming federal election.

That's because new rules included in the Conservative government's Fair Elections Act — which became law in June 2014 — mean vouching and Voter Information Cards are no longer accepted as a valid form of identification at polling stations.

"Oh yeah, I would vote if I had ID but I don't know if I'm going to be able to," Wirch said while taking a break from using a loudspeaker to rally a crowd of hundreds who marched through downtown Winnipeg on Monday to bring awareness to the dangers facing young aboriginal women.

"I would vote, yes, and just to get Harper out. But there's a lot of barricades in my way."

A study commissioned by Elections Canada in 2011 that asked First Nations people whether they had voted in the last four elections found voter turnout was either statistically equal to or much less than the general population.

The report found First Nation turnout was higher than national average in 2011 (62.3 per cent compared to 61.4 per cent) — a stark change from 2008 when aboriginal turnout trailed the national turnout rate by more than eight percentage points (58.8 per cent compared to 50.1 per cent).

Jackie Traverse, who helped start a Facebook group to encourage aboriginals to vote during Winnipeg's civic election last year, said issues like murdered and missing women and the environment are encouraging more indigenous people to take an interest in politics.

She's using the group, called Indigenous Rock the Vote, to help voters like Wirch navigate the federal election system, and she says it's spawned similar across the country.

"We are awakened now," she said. "We want to be part of this election and have our voices heard."

The barriers facing young aboriginal voters aren't all physical, according to Winnipeg-based community activist Michael Redhead Champagne. The 28-year-old says politicians aren't doing enough to build the political literacy of their electorates, especially ones in the First Nations community.

But at the same time Champagne credits young First Nations people with going out of their way to get involved.

"There's a lot of young people who are doing things that are innovative that I think are removing barriers," he said.

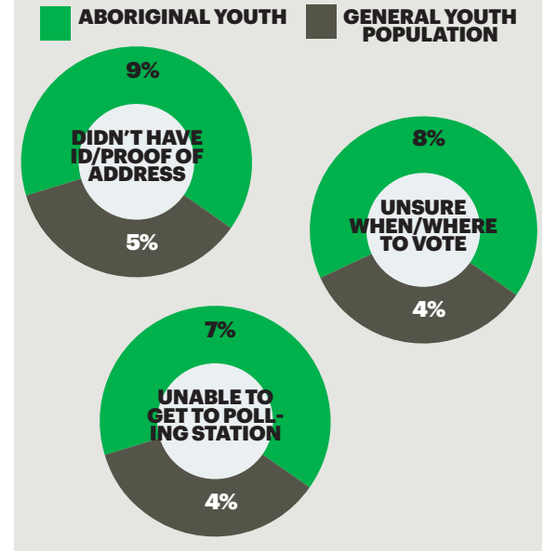
Jenna Wirch, 24, uses a loudspeaker to rally a group of hundreds of people who took part in a walk to bring attention to dangers facing Aboriginal women in Winnipeg Monday.
SHANE GIBSON/METRO

> **We recognize that what happens with our water is related to violence against women, is related to child welfare.**
> Michael Redhead Champagne

BY THE NUMBERS

A question of access

A 2011 Elections Canada study, which found that **only 42 per cent of aboriginals aged 18 to 34 voted in the most recent federal election** (compared to a national average of 74 per cent), shows that when asked to give reasons for not voting, aboriginal youth were about twice as likely as the general youth population to cite lacking proper ID, not knowing where and when to vote and being unable to get to the polling station.



Clockmaker splits critics

ARREST FOLLOWUP

Atheist writer Dawkins under fire for views on Twitter

Atheist author Richard Dawkins has drawn criticism on social media after he questioned whether 14-year-old Texas student Ahmed Mohamed may have "wanted the police to arrest him" by bringing a clock to school last week.

"Did he deliberately want to be suspected of making a bomb? Did he want to be arrested, to be seen as a victim of 'Islamophobia'?" Dawkins wrote on Twitter on Sunday.

"If so, Texas police played right into his hands and most of us (including me) fell for it."

Mohamed was arrested after a homemade, digital clock he brought to class to impress his teacher last week was mistaken for a bomb.

His arrest drew accusations of Islamophobia, and spawned a hashtag, #IStandWithAhmed, in solidarity with the ninth-grader. U.S. President Barack invited Mohamed to bring the clock to the White House and Canadian astronaut Chris Hadfield invited him to attend his science show in Toronto at the end of October.

But that didn't stop Dawkins from sharing YouTube videos and blog posts that accused Mohamed of being a "fraud" for not actually inventing the clock he brought to school, but reassembling one instead.

Dawkins is a British writer and scientist who wrote the best-selling book The God Delusion, and promotes scientific knowledge and "a secular world view" through his foundation. He regularly speaks out against religion, but has been accused in recent years of singling out Islam for criticism.

People quickly responded angrily to Dawkins' comments, accusing him of missing the point of what happened to Mohamed and of being skeptical of the teen's motives simply because he is Muslim.

"Funny how you all search for the so called facts and hidden agendas ONLY when its (sic) about Muslims," one Twitter user said. "This is the saddest thing I've seen you write, and I have bought almost every book you've written. Come on," said another.

"Software is made from bought components. Legos are bought components. The kids who assemble them are still engineers," another user commented.

The story has been picked up by right-wing commentators in the U.S., including Sarah Palin, who wrote on Facebook: "Right. That's a clock, and I'm the Queen of England."

TORSTAR NEWS SERVICE

Ahmed Mohamed, 14, arrives at his family's home in Irving, Tex., recently. THE ASSOCIATED PRESS

> **Right. That's a clock, and I'm the Queen of England.**
> Sarah Palin

UNITED STATES

Figures for trash revised

Americans are sending more than twice as much trash to landfills as the federal government has estimated, according to a new study.

It turns out that on average, Americans toss 2.3 kilograms of trash per person per day into landfills, according to an analysis of figures from the same study, which is based on actual landfill measurements instead of government estimates.

For years, the U.S. Environmental Protection Agency relied on estimates to determine how much trash was being sent to landfills. But in 2010, the agency required most municipal landfills to measure and report how much trash was heading into the dumps, as part of an effort to lower heat-trapping methane emissions. Researchers at Yale University looked at the records for more than 1,200 landfills and calculated amounts, predominantly based on weights.

Three outside experts said they trust the Yale numbers.

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Croatia opens reception centre

metro The Syrian Crisis
The barriers

Croatia set up a migrant reception centre in the eastern village of Opatovac on Monday, in hopes of injecting order into the unrelenting chaos that has gripped the tiny Balkan country overwhelmed by thousands seeking sanctuary in Europe.

About 27,000 people fleeing conflict and poverty in the Middle East, Africa and Asia have entered this nation of 4.2 million since Hungary shut its border with Serbia on Sept. 15. That closure stymied many migrants, who found their way blocked as governments bickered over who should take responsibility for them.

The new centre is expected to register the asylum-seekers and then arrange for transport onward. But some were worried, even though they've been promised they will eventually be sent to Hungary or Slovenia.

THE ASSOCIATED PRESS

IN BRIEF

Women admit unwanted sexual contact: Survey

A quarter of women surveyed at more than two dozen universities in the U.S. say they experienced unwanted sexual contact sometime during college, according to a report released Monday.

The Association of American Universities Campus Climate Survey was sent to nearly 780,000 students at the association's member colleges, plus one additional university. About 150,000 participated in the online questionnaire. The results were in line with past surveys on sexual assault and misconduct on college campuses — and confirmed that alcohol and drugs are important risk factors. THE ASSOCIATED PRESS

LEBANON

Ads warn migrants against illegal entry

The Hungarian government posted ads in Lebanese and Jordanian newspapers on Monday warning migrants not to enter Hungary illegally, saying it is a crime punishable by imprisonment.

In a full-page advertisement in several newspapers, including Lebanon's leading An-Nahar and Jordan's Al-Rai, the government said "the strongest possible action is taken" against people who attempt to enter Hungary illegally.

"Do not listen to the people smugglers," the advertisement reads in English and Arabic.

"Hungary will not allow illegal immigrants to cross its territory."

Lebanon has nearly 1.2 million Syrian refugees and Jordan about 630,000, some of whom have expressed interest in migrating to Europe because of dwindling aid and work opportunities.

Hungary, which closed its border with Serbia on Sept. 15, erected another steel barrier at the Beremend border crossing with Croatia to try to slow the flow of migrants.

Earlier this month, Denmark's Ministry of Immigration posted advertisements in Lebanese newspapers aiming to deter migrants. The ads said that that the Scandinavian nation has reduced social aid to migrants by 50 per cent recently.

Denmark also warned that migrants whose applications are rejected will be deported immediately.

THE ASSOCIATED PRESS

Iran probe meets UN standard

NUCLEAR WEAPONS

Samples were collected by nationals as a compromise

Director General of the International Atomic Energy Agency (IAEA), Yukiya Amano, listens to head of Iran's Atomic Energy Organization Ali Akbar Salehi during their meeting in Tehran, Iran, Sunday. VAHID SALEMI/THE ASSOCIATED PRESS

The chief of the UN nuclear agency acknowledged Monday that samples used to determine whether Iran tried to develop a nuclear weapon were collected by the Iranians instead of agency experts, but insisted the probe stands up to strict agency standards.

Such sampling of soil, air or dust from equipment is usually done by the International Atomic Energy Agency's own experts. But IAEA chief Yukiya Amano confirmed that Iranians carried out that part of the probe at Parchin, where the agency suspects that explosive triggers for nuclear weapons might have been tested in the past.

Diplomats say Iran insisted on the compromise as a condition for any probe of Parchin.

Deputy IAEA Director General Tero Varjoranta said that there have been more than 40 instances of letting a country being inspected use its own nationals to do the sampling and that the process is only a small part of a rigid regimen established by the agency to make sure there is no cheating.

He said the criteria at Parchin included: invasive monitoring by video and still cameras while the sampling took place; GPS tracking of the sampling process; IAEA agreement on where the samples were to be taken; review by unspecified peers of the inspection process; risk assessment and strict observance to make sure that procedures were followed step by step.

"We feel fully confident that the process and the result so far are fully in line with our safeguard practices," he said, standing next to Amano at a Vienna news conference.

Former IAEA deputy director general Olli Heinonen has described Iran as a particularly sensitive case however, saying he knows of no other case where a country under investigation for possibly trying to make nuclear weapons was permitted to use its own personnel to collect environmental samples as part of the investigation.

> **We feel fully confident that the process and the result so far are fully in line with our safeguard practices.**
> Tero Varjoranta

The Iran arrangement was first revealed in a confidential draft agreement between the sides seen last month by The Associated Press.

Iran's atomic energy agency spokesman, Behrouz Kalmandi, said IAEA experts were not physically present during the sampling.

But Amano said the procedure meets strict agency criteria that ensure "the integrity of the sampling process and the authenticity of the samples."

THE ASSOCIATED PRESS

YOM KIPPUR

Muslims banned from Israel holy site

Israel says it will reinstate a rule banning Muslim men under age 40 from a mosque at Jerusalem's most sensitive holy site as a measure to ensure calm during an upcoming Jewish holiday.

The hilltop compound known to Jews as the Temple Mount and known to Muslims as the Noble Sanctuary has been a flashpoint for violence in recent days.

Police said security will be beefed up and Muslim men under age 40 will be banned from the compound's Al-Aqsa mosque for the 25-hour Yom Kippur fast starting at sundown Tuesday.

It coincides with the Muslim Eid al-Adha holiday, also known as the Festival of Sacrifice.

The ban has been put in place intermittently after protests where mostly younger Palestinians throwing rocks clashed with police at the compound and elsewhere.

THE ASSOCIATED PRESS

MASS

Pope to Cubans: Embrace change

Pope Francis marked the anniversary Monday of the day he decided as a teenager to become a priest by pressing a subtle message to Cubans at a delicate point in their own history: Overcome ideological preconceptions and be willing to change.

Francis travelled to Cuba's fourth-largest city, Holguin, and celebrated a Mass in which Cuban rhythms mixed with church hymns under a scorching tropical sun.

Later, he was heading to Santiago on Cuba's eastern end before flying Tuesday to Washington for the U.S. leg of his visit to the two Cold War enemies.

Singing children and a small crowd waving Cuban and Vatican flags greeted Francis on his arrival, some crying out, "Francis! Holguin is with you!" Holguin's Plaza of the Revolution was packed with an estimated 150,000 people for the Mass, many dressed in white to protect them from the sun. Security agents didn't appear to be letting members of the crowd get close to him. On Sunday, an apparent dissident hung on to the popemobile in Havana and seemed to be appealing to the pontiff before the man was dragged away.

> **Why do we always throw rocks at that which separates us?**
> Pope Francis

The head of the opposition group Ladies in White said 22 of 24 members who wanted to attend Francis' Mass on Sunday were prevented from going by Cuban security agents. And two well-known Cuban dissidents said agents detained them after the Vatican invited them to the pope's vespers service at Havana's cathedral.

The Vatican spokesman, the Rev. Federico Lombardi, confirmed that some dissidents were invited to events to receive a greeting from the pope, but he said he didn't know why it didn't come to pass.

Asked if the Holy See would lodge an official protest, Lombardi demurred. He stressed that what was planned was just a "passing greeting," not an official meeting, and that it was set up at the last minute out of a "desire to show an attention for everyone, including dissidents."

THE ASSOCIATED PRESS

ITALY

Both sides to appeal Concordia case

Both the prosecution and defence are appealing in the case of the Italian captain convicted earlier this year of the 2012 shipwreck of the Costa Concordia cruise liner off the Tuscan coast.

An Italian court in February convicted Francesco Schettino of the manslaughter deaths of 32 passengers and crew members, of causing the shipwreck by colliding with a reef near tiny Giglio island and of abandoning the capsized vessel with people still aboard.

It sentenced him to 16 years in prison. Prosecutors sought 26 years.

While the prosecutors hope a Florence appeals court will stiffen the sentence, defence lawyer Saverio Senese said Monday he'll argue that the court didn't correctly evaluate evidence in Schettino's favour.

Schettino is free pending appeals. The appeal trial is likely to start in 2016.

THE ASSOCIATED PRESS

Hidden cost of flying

TRAVEL

Airlines charge for services like offline reservations

There are hidden costs in flying you may not know about in services or products you use.

Credit card fees:
Damage: Varies

Some carriers charge you for using your credit card. Australian budget airline Jetstar, for instance, charges about $10 unless you use its Jetstar card.

How to drop it: If you fly frequently enough with an airline, sign up for its credit card.

Offline reservation fee:
Damage: $10 to $25

Many airlines charge fees for booking tickets offline. British Airways charges $25 if you book over the phone.

How to drop it: Book your tickets online. Or, pick an airline that skips this fee. Air Canada does not charge for phone booking for calls made within North America.

Passengers head for their flight gates at Toronto's Pearson airport. THE CANADIAN PRESS FILE

Fee for using miles:
Damage: About $75

Some charge for usage of miles if the booking is not done sufficiently in advance.

How to drop it: Read the fine print, and book with an airline that does not have such constraints, such as JetBlue and Southwest airlines.

Boarding pass reissue:
Damage: $30

If you lose your boarding pass, be prepared to pay for that slip of paper with some airlines. Ryanair charges the equivalent of $30 for reissuing boarding passes.

How to drop it: Pay online. Ryanair doesn't charge for reissuing boarding passes for tickets bought online.

Change-date fee:
Damage: Possibly more than the price of your ticket

You don't just pay the change-date fee, you also pay the price difference between the two flights.

How to drop it: If your date is a bit unsure, opt for an unrestricted ticket, though those can cost up to twice what you would normally pay. Also, check your airline's change policies. Continental, for example, offers a 24-hour period during which you can change your flight without penalty.

TORSTAR NEWS SERVICE

MALWARE

Security breach puts iPhones, iPads at risk

Apple announced a rare security breach over the weekend that means some Canadians may have unwittingly infected their iPhones and iPads with malware that could expose their iCloud passwords and other personal data.

Apple Inc. has removed some applications from its app store after developers in China were tricked into using software tools that added malicious code to their work.

Many of the affected apps were only available on the App Store in China, yet some that were reportedly infected by the malware — including WeChat, business card rolodex CamCard and file extractor WinZip — are available in Canada.

The malicious code spread through a counterfeit version of Apple's Xcode tools used to create apps for its iPhones and iPads, according to the company.

The malicious software collects information from infected devices and uploads it to outside servers, according to Palo Alto Networks, a U.S.-based security firm. The company said the breach could result in fake password prompts aimed at harvesting iCloud details or other logins. It was first publicized last week by security researchers at Alibaba Group, the Asian e-commerce giant, who dubbed it XcodeGhost.

THE CANADIAN PRESS/WITH FILES FROM THE ASSOCIATED PRESS

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Song of the savannah: Who said music was unique to humans? Giraffes, once thought silent but for a few snorts, hum to themselves at night — though researchers aren't sure why.

TIM HARPER: ON THE PANIC OVER REFUGEES

The three parties can differ on numbers and timelines ... but for Harper to suggest the opposition parties are not concerned about security is flat-out fear-mongering.

Are we fearful jihadists will infiltrate the masses fleeing Syria and land on our shores?

Are we concerned that allowing women to take the citizenship oath with their faces covered will somehow render the fabric of the Canadian family?

Do we lie awake at night believing fiscal deficits will lead us to ruination or that an NDP government federally would somehow replicate the "unmitigated disasters" of their provincial cousins?

There is no doubt Stephen Harper can claim a constituency on each of the above propositions he is putting to voters. If he can begin to move voters on two or more of those elements of doubt he has sown, he can build from his base and start reaching for a minority government on Oct. 19.

All three propositions are highly debatable, but each has a grain of truth that will appeal not only to Conservatives, but possibly the soft Liberals the Conservatives are courting. Let's look at each in isolation.

Conservatives deserve credit for moving to streamline the refugee acceptance process in this country, a week after announcing they will match humanitarian aid pledged by Canadians. Canadians and the opposition parties also deserve credit for pushing Harper off a position that badly misjudged the level of compassion in this country.

Now that they have responded, however, the Conservatives still find it impossible to move off their baseless message that their opponents would forsake security for expediency.

Immigration Minister Chris Alexander quite reasonably says we cannot ignore the risk of jihadi terrorists seeking to exploit the generosity of nations such as Canada. But Conservatives don't stop there.

At last week's economic debate, Harper made this claim: "These guys would have had, in the last two weeks, us throwing open our borders and literally hundreds of thousands of people coming without any kind of security check or documentation.''

Neither NDP Leader Tom Mulcair nor Liberal Leader Justin Trudeau has ever suggested airlifting refugees to this country without security checks. No one ever called for hundreds of thousands. The three parties can differ on numbers and timelines and argue over "political will," but for Harper to suggest the opposition parties are not concerned about security is flat-out fear-mongering.

Similarly, Harper's decision to seek a stay on a court decision allowing Zunera Ishaq to cover her face during a citizenship ceremony is playing to fears of something different, something vaguely threatening.

When Conservatives argue — as they have intermittently — that their objection to the niqab is rooted in its oppression of women, they can spark a rational debate, but Harper rarely tries to make that case.

Harper is not promising to go as far as some of our European allies. France banned face coverings in public places in 2011 and Belgium was close behind with its own law. The Dutch cabinet passed a partial ban in public places such as schools, hospitals and public transport this year.

FOMENTING FEAR Tim Harper writes that Conservatives may attract support beyond their base if they stoke anxieties about the niqab and terrorists among Syrian refugees like this woman awaiting transport to Austria from Croatia. THE ASSOCIATED PRESS

But Harper's argument that an "open, tolerant, pluralistic" society demands we reveal our face when seeking to join the Canadian family is disjointed. Surely, an open, tolerant and pluralistic society would tolerate a woman from Pakistan who wishes to join this family being allowed to do so while honouring a custom sacrosanct to her.

This is not necessarily a Conservative "wedge issue," used for short-term campaign gain.

The Tories have vowed to reintroduce legislation banning the niqab at citizenship ceremonies within 100 days of being re-elected.

Lastly, on the economy, Harper is now vowing to "protect" the fragile economy — protect it from big deficits from Trudeau or those abject failures of NDP governments which Mulcair is sure to replicate.

Mulcair may yet rue the day he fell into the balanced budget trap, but he can make a cogent case for New Democrats balancing the budget. He need only point to previous administrations in Manitoba and Saskatchewan while Harper points to previous and current NDP governments in Ontario and Alberta to raise doubts.

Conversely, anyone can point to previous Conservative provincial governments — or the Harper government — that have run deficits because balancing the books is more often the product of circumstances rather than ideology.

Raising doubts about the unknown is a tempting target for an incumbent desperately trying to hang on one more time.

Fear is the trump card against change. Harper is betting that the unknown is scary, and he will argue that only he can protect us from the bad guys, whether they are coming to our shores or are already here waiting to kill your job or endanger your investments.

But a month out, it is an open question as to whether there is enough fear in the land in 2015 to play to Harper's agenda.

Tim Harper is a national affairs writer. His column appears in the Toronto Star on Monday, Wednesday and Friday.

metroview

#ReadtheTRCReport: We can't reconcile if we don't know the history

Erica Violet Lee
For Metro

On June 2, the Truth and Reconciliation Commission Report on residential schools was released. I remember standing in a packed Ottawa hotel lobby, watching along with hundreds of others who had travelled from across the country. I was a little grouchy going in. The impact of residential schools is well-documented. It felt impossible to find any reason for hope in yet another report filled with horrifying stories. (Just when we think we've heard the worst, there's always more.)

Three months later, we are in a federal campaign, and the TRC report has slipped the minds of politicians. How can we reconcile when so many don't know the history of this land or extent of the atrocities committed in Canada's name?

Reading the 388-page report is a daunting task, even more so because of the difficult content. Over the summer, Zoe Todd (Métis, Edmonton), Joseph Murdoch-Flowers (Inuk, Iqaluit), and I launched a project via Twitter to record the entire document on video, with the title #ReadTheTRCReport. One hundred and forty videos later, we completed the project. Each one was lovingly recorded by someone who lives on these lands — someone who lives with the legacy of residential schools, and with the responsibility to make sure these stories are not forgotten.

As the report summary was read aloud, I watched elders weeping and understood how many people waited their entire lives for it. Even more did not survive to see it. Residential school survivors and their families deserve closure, justice and hope. The TRC report is a definitive record of their experiences. It's confirmation that yes, more than 150,000 indigenous children were taken from their homes, and yes, that is genocide.

Leaving the hotel, I thought this: Of 35 million Canadians, how many know there are more indigenous children currently in foster care than at the height of residential schools? How many falsely believe they are powerless to change the history currently being written by their government?

The report contains not only history and testimony, but recommendations calling Canadians to action. Number one on that list is the return of indigenous children to their cultures. For children to be safe in their communities, they need clean drinking water, equal funding for education, and freedom from poverty. By taking action for indigenous children now, we seek the justice that was denied to residential school attendees. By reading the report, we declare that to be indigenous is not only a story of tragedy, but one of hope.

Erica Violet Lee is studying philosophy and political studies at the University of Saskatchewan. She is a youth organizer in the Idle No More movement.

PHOTO: ALOYS FLEISCHMANN/FACEBOOK

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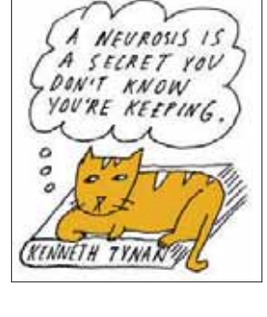


metro LIFE

Your essential daily news

Downton Abbey had 7.6 million U.K. viewers for the premiere of its final season.

10 New shows for fall

Fellow couch potatoes, it's time to get excited. Fall TV is officially upon us! Forget the cooler weather, shorter nights and falling leaves — the next couple of months are really all about the brand new TV series heading our way. Here's our guide to 10 new shows worth tuning into.

BRIAN GASPAREK FOR METRO

NOW AIRING

Blindspot

Blindspot has the potential to be one of the coolest new shows this fall. The drama follows Jane Doe, a mysterious tattoo-covered woman who wakes up in a duffle bag in Times Square with no memory of her past or identity. The FBI notices each tattoo on her body contains a clue to a crime that has to be solved. Neat, huh? The show stars Jaimie Alexander and Sullivan Stapleton.

SEPT. 28

Daily Show with Trevor Noah

It's the question we're all asking: Will Trevor Noah be able to fill Jon Stewart's shoes as host of The Daily Show? Our questions will be answered later this month.

TONIGHT

Scream Queens

If you liked Ryan Murphy's other creations (American Horror Story, Glee and Nip/Tuck), you'll want to check out Scream Queens. The show mixes horror and comedy and is planned to be an anthology series like AHS. The first season follows a series of sorority house murders and features a stacked cast that includes Emma Roberts, Lea Michele, Jamie Lee Curtis and Abigail Breslin.

NOW AIRING

The Bastard Executioner

If you're trying to fill the void that Sons of Anarchy left in your life when it ended last year, The Bastard Executioner could be the show to do it, a series by SOA creator Kurt Sutter that looks just as bloody and badass. It's a medieval drama that follows a disgruntled knight turned journeyman executioner. It stars Lee Jones, Katey Sagal and Stephen Moyer.

OCT. 9

Red Oaks

The best new comedy to binge watch this fall might be Amazon's Red Oaks. Following up its hilarious pilot that was released last year, the show is set in the mid '80s and revolves around an awkward teen tennis pro working a summer job at a posh country club. Critics have compared it to Caddyshack, which sounds pretty good to us.

TONIGHT

The Muppets

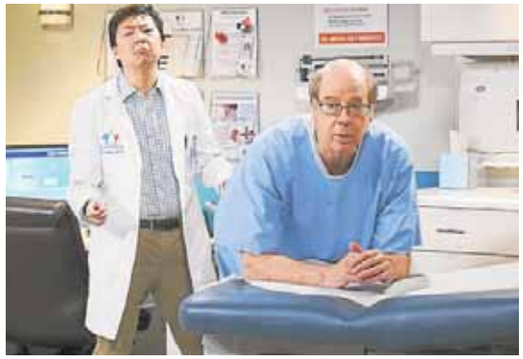
The Muppets are back on TV this month! Although that alone should make you want to tune in, their new show sounds fantastic.

The Muppets will be a show-within-a-show sitcom in the vein of The Office or Parks and Recreation... only with The Muppets. Plus a lot of special guest cameos.

OCT. 2

Dr. Ken

Everyone loves Ken Jeong, so naturally he was given his own sitcom. In Dr. Ken, the former Hangover and Community star plays a brilliant but crass doctor (his real life profession before acting) and family man to his wife and two kids. With Ken as the star, it should be hilarious and worth a watch.



OCT. 31

Ash Vs. Evil Dead

Get your bandwidth ready for some Halloween streaming. Sam Raimi and Bruce Campbell are reuniting to bring the world of Evil Dead to TV. Ash Vs. Evil Dead follows our favourite zombie-slaying film hero hilariously destroying a new pack of zombies 28 years later. It is 10 episodes of guaranteed blood, guts and laughs.

OCT. 12

Crazy Ex-Girlfriend

Another can't miss comedy is Crazy Ex-Girlfriend. Dreamt up by and starring Robot Chicken writer Rachel Bloom, the dark musical comedy follows a ridiculously obsessed single woman trying to rekindle a relationship with her high school boyfriend 10 years later. She believes he's her soulmate after being inspired by an emotional butter commercial.

OCT. 26

Supergirl

Agent Carter is getting some female superhero competition this fall. Arrow and Flash producer Greg Berlanti is bringing Supergirl into our living rooms in late October and it looks really good.

Former Glee star Melissa Benoist is donning the red cape for the show.

10 BEST RETURNING SHOWS

They're back: fall premieres that can't be missed
The fall season has finally arrived. In addition to bringing a solid batch of new shows into our living rooms, we also see the return of a few favourites.

Here's a look at 10 of the top shows returning and when you can catch them.

Dr. Who (Now airing)
Sci-fi junkies should be pumped for the ninth season of Doctor Who. Peter Capaldi is returning for his second season as the Doctor and Jenna Coleman is back in her third season a companion Clara Oswald.

Gotham (Sept. 21)
One of the most highly anticipated returns this fall is the second season of Gotham. Dubbed "rise of the villains," the new season promises to give fans the origin stories for some of Gotham's most popular baddies. Word has it we're going to get to see The Joker, Mr. Freeze and Tigress, to name a few!

How to Get Away with Murder (Sept. 24)
When HTGAWM returns, we're not only going to find out who killed Rebecca Sutter, we've also been promised another crazy plot twist. The murder mystery drama revolving around Viola Davis' Annalise Keating and her interns just kept getting better last season. We assume the trend continues in Season 2.

Big Bang Theory (Sept. 24)
How will Leonard and Penny deal with married life? Will Sheldon and Amy work things out? Will Raj find love? We'll find out the answer to these pressing questions when the most watched sitcom in the world returns for a ninth season.

The Flash (Oct. 6)
The first season of The Flash was surprisingly great, and the show hopes to build on its momentum going into season two. Look for a pack of new characters, including several from the alternate universe. There will also be a crossover episode with fellow superhero TV hit Arrow. Side note: Arrow season four debuts Oct. 7th.

American Horror Story: Hotel (Oct. 7)
The fifth chapter in the American Horror Story anthology begins in early October with AHS: Hotel. This season takes place at the haunted Hotel Cortez and is said to be the darkest yet. Yikes. Series regulars like Kathy Bates, Matt Bomer, Sarah Paulson and Chloë Sevigny all return. New cast members include Lady Gaga as the hotel owner and New Girl's Max Greenfield as a junky.

Walking Dead (Oct. 11)
The highest-rated cable drama of all time, The Walking Dead, is back with a 90-minute season premiere to kick off its sixth season, which opens with 650 walkers in the first episode. That's a lot of zombies, folks.

Fargo (Oct. 12)
Everyone's favourite dark comedy is back for its sophomore year. Fargo's second season takes place in the late '70s, with a new setting and cast of characters (for the most part), including Ted Danson, Kirsten Dunst and Nick Offerman.

The Knick (Oct. 16)
Steven Soderbergh's 20th-century medical drama The Knick kicks off its highly anticipated second season in mid-October. We're all excited about diving back into the lives of Clive Owen's drug-addicted surgeon Dr. Thackery.

HEROES REBORN

Star of Chuck gets dark

Zachary Levi. GETTY IMAGES

Zachary Levi switches gears from playing the goofy star of Chuck to something much darker in his new thriller, Heroes Reborn.

The gregarious actor admits the role is a bit of a left turn for those familiar with the hero of his defunct beloved spy dramedy.

"The tone of these two shows is very different. In Chuck there was a lot of lightheartedness, there was a charm, there was a heart," Levi said during a stop in Toronto in June.

"And Heroes is a dark and complicated world and I play a dark and complicated guy."

Since his cult NBC series left the air in 2012, Levi has tackled material on big and small screens including the stop-motion comedy Robot Chicken and the superhero spectacle Thor: The Dark World, in which he played the warrior Fandral.

But Heroes Reborn arguably resets his career with his darkest role yet: His character Luke is a vigilante bent on exacting vengeance for the death of his son.

The show continues Tim Kring's saga of ordinary people suddenly bestowed with superhuman abilities, introduced in the four-season Heroes.

Levi said the new story picks up five years later, with a war brewing between those with abilities and those without.

Jack Coleman reprises his role as HRG, a.k.a. Noah Bennet, while other returning characters include Greg Grunberg as Matt Parkman and Masi Oka as Hiro Nakamura.

New characters include the awkward teen Tommy, played by Robbie Kay, who learns of a new ability that terrifies him; and Tokyo's quiet Miko, played by Kiki Sukezane, who is searching for her missing father while hiding an extraordinary secret.

Levi noted this is a world where many regular humans are shaken by the fact their neighbours possess what could be dangerous powers. "Lots of bad things are happening. Some people with powers abuse them and some people without abilities are afraid of them and fighting back." THE CANADIAN PRESS

Charlie Weber prepares for the worst

PLOT LINE

No one is safe on ABC's How to Get Away with Murder

When you work on a show called How to Get Away with Murder, you pretty much have to prepare for the worst.

So says co-star Charlie Weber, whose shady character Frank Delfino revealed himself last season to be more than capable of tying up loose ends — permanently.

The legal thriller returns Thursday with Weber resuming his role as loyal bulldog to hard-bitten lawyer/professor Annalise Keating, played by recent Emmy winner Viola Davis.

The first season ended with the surprise murder of Rebecca Sutter, played by Canadian actress Katie Findlay, and Weber said fans won't have to wait long to find out what happened.

"We are going to address the Rebecca thing fairly quickly, I think, and we'll need to — a dead girl is under the stairs," he said during a visit to Toronto in June.

"And we'll see how quickly things pick up and where."

A teaser for the second season opener promises the killer will be revealed.

Meanwhile, Annalise takes on the case of a brother and sister who are accused of killing their parents and an old friend surprises Annalise at home and teaches her a valuable lesson.

The episode also introduces Famke Janssen as a new character.

Weber said no character is safe on the Shondaland series — just one of several addictive Shonda Rhimes productions that include Scandal, which saw the near-fatal stabbing of Scott Foley's Jake Ballard last season, and Grey's Anatomy, which last season killed off popular hunk Derek Shepherd, played by Patrick Dempsey.

Weber said Findlay got little notice about her character's fate.

"It's quick. (Creator Pete Nowalk) told Katie Findlay, who plays Rebecca, that in fact she was going to be dead in the finale, but not long before that was finished. So he let her process that, but it can happen at a moment's notice, on any one of those shows. For us, literally any moment because it's a show about murder and we killed two series regulars in the first season."

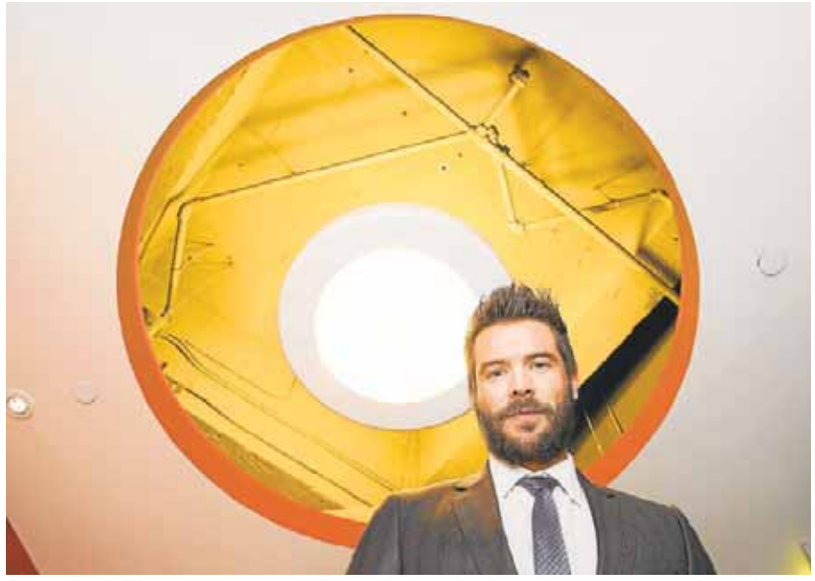
Weber said he's eager to learn more about Frank's dark past, noting that he only learned of his role in killing college student Lila Stangard as the series unfolded.

"A lot of decisions were made throughout the course of the season sort of leading down that path," said Weber.

"I think it was actually quite validating, that moment of Frank killing Lila, for the way that I'd played Frank from the beginning. He was definitely someone capable of that and (she was) definitely not the first person he'd killed. But now we need to find out why."

How to Get Away with Murder returns Thursday on ABC and CTV.

THE CANADIAN PRESS



Actor Charlie Weber says viewers will soon find out what happened in last season's murder of Rebecca Sutter. FRANK GUNN/THE CANADIAN PRESS

> **"It can happen at a moment's notice ... For us, literally any moment because it's a show about murder and we killed two series regulars in the first season.**
>
> Charlie Weber, who plays Frank Delfino in How to Get Away with Murder

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Wrongful Dismissal: When Employment is Terminated for Cause

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It is a sad but true reality that employment relationships do not always end on good terms. Employers frequently cite performance issues or some form of misconduct as a reason for dismissing an employee. This only adds to the stress and confusion faced by someone recently dismissed. In my experience working with employees, the decision to terminate an employee for "just cause" is almost always premature or otherwise completely inappropriate. If you have been terminated for cause when no proper cause existed, you have been wrongfully dismissed.

JUST CAUSE

So what is just cause dismissal? Just cause is when an employer is justified in ending the employment relationship without providing any severance to the individual. The dismissed employee may also not be able to collect employment insurance benefits and will likely experience difficulty finding other employment. This is a serious blow that can have a lasting effect for an individual. As a result, it is extremely difficult to terminate employment for cause. Typically only the most serious forms of misconduct such as theft or dishonesty would be considered just cause.

In dismissing the employee, the employer must not only prove that the misconduct existed but also that termination was the appropriate response. In most cases, termination of the employee is completely premature. For example, when an individual is terminated as a result of performance issues the employer has often not taken the necessary steps to document the poor performance or failed to provide the adequate training to correct the issues. It is also common that an employer has not properly investigated a workplace incident or brought forward the allegation to the individual for their side of the story. In either case, the employer would not be able to terminate the employment relationship without paying the appropriate severance and leaving the individual's dignity intact.

FULL DISCLOSURE & FAIR TREATMENT

Dismissal of an employee is too often an emotional process where an employer acts on isolated incidents or fails to fully appreciate the employee's side of the story. When an individual is dismissed with cause, they absolutely deserve full disclosure of the allegations made against them and fair treatment throughout the whole process – from the investigation stage up to the time of dismissal. In my experience, this is typically not what happens. In most cases, individuals are terminated for minor or one-off incidents and do not receive an opportunity to fully answer to the reasons for their termination. This leaves the individual without severance and all the other protections provided to employees who lose their jobs. That is a wrongful dismissal.

In any situation where an employee is dismissed with cause, I would encourage them to give me a call right away and have the situation surrounding their termination fully assessed. The consequences are simply too dire for the individual.

TERMINATED FOR CAUSE?

An employer would have to establish:

- That the employee was guilty of serious misconduct
- That the employee was given all opportunities to improve
- That there was prior warning and other discipline
- That there was absolutely no choice but to let the employee go

If the employer cannot establish all of the above conditions, but still lets the employee go, that employee is owed full severance. Remember, every employee is owed severance. Yes, even if you work for a small company and even if you only worked for a short period of time. Use the Severance Calculator to see how much you are owed (www.SeverancePayCalculator.com) and do not hesitate to call or email me.

Being terminated for cause is often illegal. You should never hesitate to pursue what you are legally owed.

Lior Samfiru is an employment lawyer and senior partner at Samfiru Tumarkin LLP. He is the host of the 'Employment Hour' heard Saturdays at 4:00PM on AM580 (CFRA).

Calculate the severance you are owed at www.severancepaycalculator.com

HEALTH & WELLNESS

Don't just chill out

Cooler months are great to try new a new hobby

SHUTTERSTOCK

It may be getting a little cooler and a little tougher to get out of bed in the morning for a workout, but that doesn't mean you can't keep fit and have fun, too.

At least not according to Jimmy Hartley, Calgary Fit Body Boot Camp owner and trainer, who says it's a great time to learn a winter sport all in the name of fitness.

"It's important for us to get outside at all times of the year, even the winter, so it's a good time to get out and try a new hobby like downhill skiing, snowshoeing or skating," Hartley says. "Not only are winter activities a lot of fun, but they burn a lot of calories, too, which makes it a fantastic workout. We live in Canada, so it's cold like six or eight months of the year, so it's just good to make sure you still get outside and stay active."

But when the temperatures really gets cold, Hartley says there are hundreds of exercises people can do inside, using things as simple as a floor and yoga mat with some dumbbells. Or the stairs, couch and kitchen table.

"You can literally turn a part of your home into a gym simply by using some furniture," Hartley says. "Or the stairs or just some weights. Maybe some sit-ups, pushups — it's all really simple to do from home.

"And if you do make it outside, don't forget to layer up — it's easier to peel it off than to add it on."

It's no coincidence that local gyms and boot camps get busier in the winter months as well, so a membership to the local workout facility is always an option to beat the cold.

– Krista Sylvester

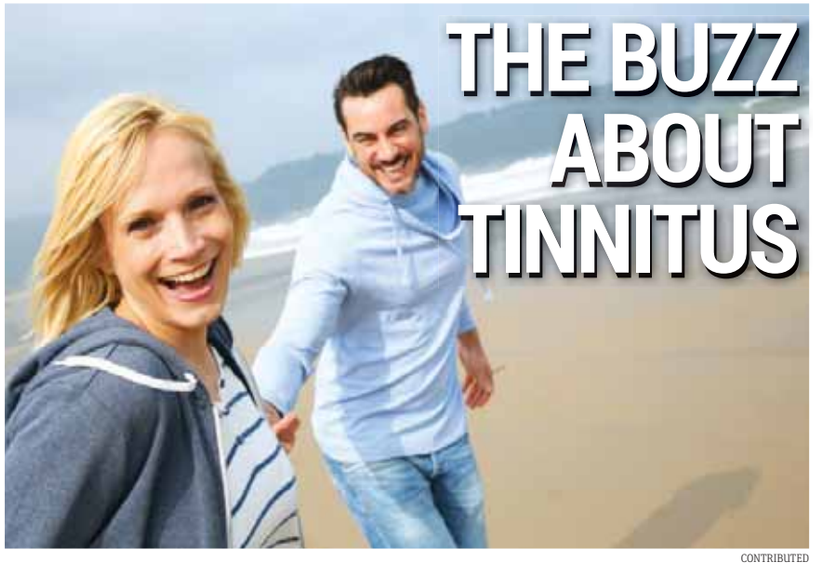
BRAVE THE COLD

Revival Fitness owner and trainer Adam Crow has a few tips for those fearless souls willing to brave the cold for a good workout.

LAYERS — Dress for success, including warm socks, gloves, hat, long johns, etc.

MUSIC — The colder it is, the harder it is to get motivated, so create a fun playlist.

COFFEE — Have it ready for when you hop out of bed in the morning.



CONTRIBUTED

Tinnitus is an auditory perception of a sound in the ear that can only be heard by the person experiencing it. Each person who has tinnitus describes it in their own way.

Many report that it sounds like a ringing, buzzing, humming, clicking, whistling, or roaring. It can be loud or soft, constant or intermittent, can change in pitch, and be heard in one or both ears. About 15 per cent of the population experiences tinnitus, with five per cent reporting severely intrusive tinnitus that affects their day-to-day activities.

Despite the significant number of tinnitus sufferers, people with this condition have not always received the help they need.

While there is no cure for tinnitus, there are a number of therapeutic approaches that can provide relief and help manage the condition.

Audiologists at the Canadian Hearing Society (CHS) work with clients to discover what could be causing the condition, ways to address it, and medical referrals or other specialized testing. Solutions include tinnitus retraining therapy in conjunction with sound therapy — table-top or ear-level sound generators or hearing aids — that can help you adjust to tinnitus and also improve sound tolerance.

CHS offers tinnitus consultations at locations across the province, including an office in Ottawa. To schedule a tinnitus consultation with a CHS audiologist, or to learn more, call 613-521-0509.

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Across the street from a beautiful park and offering a spectacular water or park view are just some of the features that sets Riverpark Place apart from other retirement homes, says Caregard chief operating officer Guylaine Waldron.

With fun-filled outings, shopping excursions, guided recreational programs and exercise classes, cards and games, special interest groups, movie nights and crafts, there is something for everyone at Riverpark Place.

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Caregard Group cares about the communities it resides in and is a staunch supporter of the nearby Queensway-Carleton Hospital and local social programs, including the important Meals on Wheels Program. "We know how important this service is to its clients and we are a proud sponsor of this initiative," says Caregard chief operating officer Guylaine Waldron.

"This particular property is also located across the street from the popular Andrew Hayden Park, so, in terms of the location for the property, it definitely lends itself to an active lifestyle walking, and the fact it's a waterfront property is also very desirable," Waldron says.

And while the property is located near parks and recreation, it's also just minutes away from shopping services, medical services and other retail and commercial needs.

"It's the perfect location with everything located conveniently nearby for our residents if they choose not to have vehicles. We're very community-minded and we know how important a strong sense of community is to our residents."

While the property features residential living, it also provides assisted-living services with residents being able to have both options at different costs.

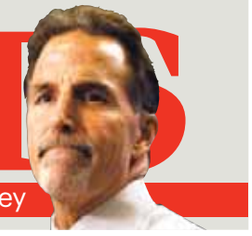
Riverpark Place has a variety of private suites and while it's known for its outstanding care, the residents come for the lively environment, food and overall quality of living.

"We invite our residents to make their suite their home by bringing their own furnishings and adding personal touches, and everyone feels right at home at our residence. It's a fun, caring and comfortable environment."

For more information, call 613-828-8882.

metro SPORTS

John Tortorella will reportedly return to the bench as Team USA's coach at the 2016 World Cup of Hockey



Blue Jays flying high with Estrada's change of pace

MLB

Right-hander playing a key role in team's playoff drive

Marco Estrada first learned how to throw a changeup in 2007 when he was in the Washington Nationals' minor-league system and playing for the class-A Potomac Nationals in Woodbridge, Va. That's where he met Clint Everts, a first-round draft pick who had, by Estrada's estimation, a "filthy" changeup.

Estrada was throwing only a fastball and a curve at the time, but he knew there was "no way" he would climb up the minor-league ranks with just two pitches, so he asked Everts to show him the pitch.

Estrada picked it up immediately and used it in his next game. "It kind of just clicked and next thing you know it became my best pitch," he said.

The changeup — which deceives hitters because it looks like a fastball but ideally travels 10 m.p.h. slower — turned out to be Estrada's ticket to the big leagues and is now regarded as one of the best in the game. Baseball America, a scouting-focused periodical, earlier this year declared Estrada's changeup to be the third-finest in the American League, behind only those of perennial Cy Young candidates Felix Hernandez and Chris Sale.

"There are days where even I'm going, 'Man, that was a really good one,'" Estrada says of his signature pitch, against which batters have whiffed more than 20 per cent of the time this season, or more than twice as often as they do on the average pitch.

It's thanks to his changeup that Estrada can survive with a fastball that rarely registers above 90 m.p.h., but appears much faster to hitters trying to time their swings to his halting pitch. "Otherwise there's no way I should be throwing my fastball by some of these guys."

However he is doing it, Estrada has been a pleasant surprise this season for the Blue Jays, who acquired him in an off-season trade with the Milwaukee Brewers for Adam Lind. The 32-year-old right-hander was coming off a disappointing season in which he led the majors in home runs allowed and was viewed by the Jays primarily as a swingman: a long reliever who could make a spot start.

Since joining the rotation in May, Estrada has been one of the Jays' most reliable pitchers. In fact, since the all-star break he has been one of the best pitchers in the American League, posting a second-half ERA of just 2.70 — second only to David Price among AL starters.

An afterthought on the fringes just a few months ago, he now stands to play a key role in the Jays' playoff drive.

"I'd hate to think where we'd be without him," manager John Gibbons said recently.

TORSTAR NEWS SERVICE

Marco Estrada has the second-best ERA (2.70) in the American League since the all-star break.
DAVID COOPER/TORSTAR NEWS SERVICE

MATCHUP

Estrada starts for the Jays on Tuesday in the second game of their pivotal series against the Yankees. He'll be matched against Luis Severino (4-3).

CFL

Ticats QB's 9 lives over for 2015

Zach Collaros's brilliant 2015 season is over.

The Hamilton Tiger-Cats confirmed Monday their star quarterback will miss the remainder of the campaign with a torn ACL in his right knee. Collaros suffered the injury in the second quarter of a 25-18 home loss to the Edmonton Eskimos on Saturday afternoon.

Collaros underwent an MRI on Monday. The Ticats said no date for surgery has been determined.

70.2

Collaros sported an impressive 70.2 completion percentage this season.

"I would like to thank the great players, coaches and fans around the league who have extended their support this week," Collaros said on his Twitter account Monday. "I will work my hardest for my teammates and our organization to come back stronger.

"Until then, I believe in our team and believe we will bring the 2015 Grey Cup to Hamilton. Thank you."

The 27-year-old native of Steubenville, Ohio, leads the CFL in passing yards (3,376), touchdowns (25) and passer rating (113.7).

Collaros left Saturday's game after completing seven of 10 passes for 90 yards and a TD. Rookie backup Jeff Matthews and third-stringer Jacory Harris both saw action afterward.

THE CANADIAN PRESS

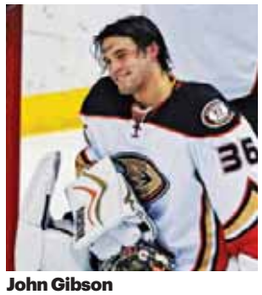
Zach Collaros tore his ACL on Saturday. THE CANADIAN PRESS

NHL

Gibson nets $6.9M contract extension

Goalie John Gibson has agreed to a three-year, $6.9-million contract extension with the Anaheim Ducks. The Ducks announced the deal Monday.

The 22-year-old Gibson is considered one of the top young goalies in hockey, and he has won 16 NHL games over the past two seasons with the Ducks. He is competing with starter Frederik Andersen and newcomer Anton Khudobin for two roster spots in training camp. THE ASSOCIATED PRESS



John Gibson
JIM MONE/THE ASSOCIATED PRESS

IN BRIEF

Kings steps up off-ice conduct training

The Los Angeles Kings have announced an extensive program of off-ice training for their players after three embarrassing arrests in the past year. The franchise is partnering with community organizations to address domestic violence, drug and alcohol abuse and sexual harassment.

The Kings have cut ties with Slava Voynov, Jarret Stoll and Mike Richards since their arrests.

THE ASSOCIATED PRESS

NFL

Romo likely to miss two months

Dallas Cowboys quarterback Tony Romo is expected to miss about two months with a broken left collarbone, though he won't need surgery.

The loss of Romo in Sunday's 20-10 victory at Philadelphia means the defending NFC East champion Cowboys (2-0) will be without their starting quarterback and All-Pro receiver Dez Bryant possibly through October.

Coach Jason Garrett said Monday that tests revealed no ligament damage for Romo after the second broken collarbone of his career. The other was in 2010, and he missed the final 10 games of the season.

THE ASSOCIATED PRESS

PLAN B

Brandon Weeden replaced Romo against the Eagles and threw a clinching 42-yard touchdown pass in the fourth quarter.

Scots fear heat from Land of the Rising Sun

RUGBY WORLD CUP

Pool B now wide open thanks to giant killers of Japan

Japan produced one of the biggest upsets in sporting history by beating South Africa at the Rugby World Cup.

In its own way, overcoming Scotland on Wednesday would constitute just as stunning a result for the new darlings of the tournament. It was expected to be a straight fight between Scotland, South Africa, and Samoa for the two qualifications places from Pool B. Japan has made it a four-team race.

A four-day turnaround is scant reward for delivering the most jaw-dropping result of this or any Rugby World Cup, but it is something Tier Two teams — like Japan — have become accustomed to.

Rugby authorities have tried to make scheduling fairer for the so-called lesser nations compared to previous tournaments. The top countries are still favoured, though.

Japan celebrates Ayumu Goromaru's try during a shocking win over South Africa. Japan will try for a second upset when it faces Scotland on Monday. CHARLIE CROWHURST/GETTY IMAGES

And so, Japan must take on a second Tier One team in four days, forcing coach Eddie Jones into making eight changes to the starting lineup and testing his squad depth. Scotland, playing its first match of the tournament, will be both fresh and ready.

"We've done a lot of work previewing Japan and they look like they can switch it on. It is no shock," Scotland centre Mark Bennett said. "They looked very strong and took a lot of big hits from the South Africans, so there will be a few sore bodies."

The wily Jones, possessing World Cup coaching experience with Australia in 2003 and South Africa in 2007, started the mind games with Scotland on Monday.

"It's interesting that before the tournament, Scotland said we were going to tank the first game," Jones said, mischievously. "So if we did tank the first game, we've got a good performance coming up in our second."

With the meticulous Vern Cotter in charge of the Scots, there won't be any danger of underestimating Japan like South Africa did.

Scotland is a frustrating team, always seemingly on the cusp of breaking through, only to fall short. This year's Six Nations was supposed to be the tournament where the Scots would flourish after encouraging results in the November tests. They finished in last place, on zero points, and lost at home to Italy.

THE ASSOCIATED PRESS

OTHER NEWS

Sox's Samardzija snaps bad patch with win over Tigers after pitching one hitter

When Jeff Samardzija finally broke out of his slump, he dominated. Samardzija pitched a one-hitter, allowing a leadoff single to Victor Martinez in the fifth inning, and led the Chicago White Sox over the Detroit Tigers 2-0 Monday in the opener of a day-night doubleheader.

Martinez blooped an opposite-field hit over shortstop Alexei Ramirez and in front of left fielder Trayce Thompson on a 2-0 pitch, then was erased when Jefry Marte grounded into a one-out forceout.

No other batter reached base against Samardzija (10-13), who struck out six in his second shutout this season and the third of his big league career. He threw just 88 pitches in the game. "I felt real good and, obviously, we had some great plays on defence," Samardzija said.

Samardzija had been 1-8 with a 9.24 ERA in his previous nine starts. Before the game he watched video of recent starts to try to determine why he wasn't effective.

THE ASSOCIATED PRESS

Organizer of World Cup 2010 in South Africa under investigation for corruption

The chief organizer of South Africa's 2010 World Cup was one of two senior soccer officials named Monday in a criminal complaint alleging corruption in the FIFA vote to decide the tournament host.

South Africa's main opposition party, The Democratic Alliance, said it had filed papers with police asking them to investigate the involvement of former World Cup head Danny Jordaan and former South African Football Association President Molefi Oliphant in alleged bribery of FIFA executives to get the World Cup.

The Democratic Alliance said the two men should be investigated over a payment of $10 million by South Africa to Jack Warner, a former FIFA executive indicted by U.S. authorities on charges of bribery and racketeering and now facing extradition.

US extradition proceedings against Warner, a former vice-president of FIFA, are to go ahead after being approved by Trinidad's attorney general.

THE ASSOCIATED PRESS

RECIPE 4-ingredient Zucchini Soup

The soup is great as is, but it's also a wonderful slate for dressing up with a variety of toppings. It allows everyone in the family to customize the soup as they see fit. Mini toasts, browned turkey or chicken sausage, sautéed winter or delicata squash, a spoonful of plain Greek yogurt blended with chopped fresh herbs, or bread.

Ready in 20 minutes
Serves 4

Ingredients
- 3 medium-large zucchini (about 1 1/2 lbs)
- Kosher salt and ground black pepper
- 2 cups low-sodium chicken or vegetable broth, warmed to hot
- 2 Tbsp chopped fresh chives
- 1 Tbsp lemon juice

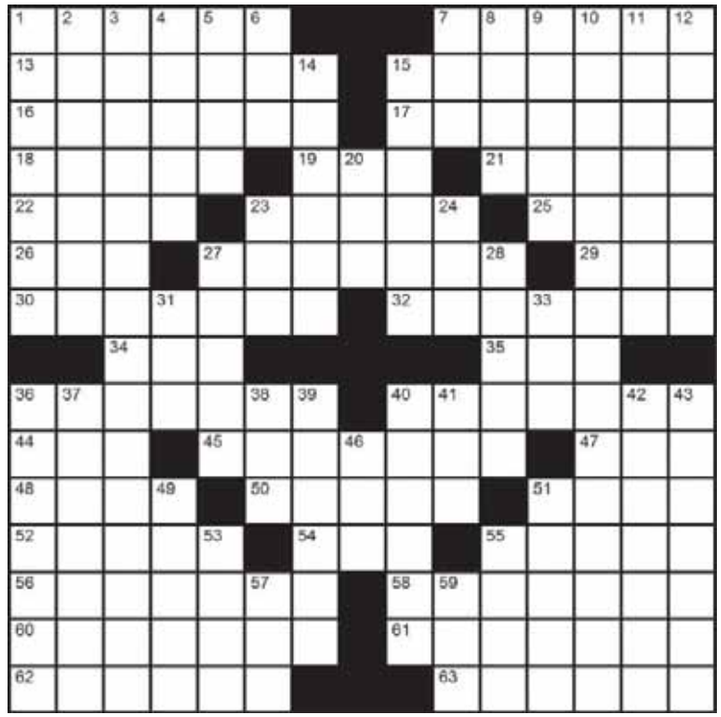
Directions
1. Heat the oven to 400 F. Line a baking sheet with kitchen parchment.
2. Cut the zucchini in half lengthwise, then slice off the nubby ends. Place the zucchini on the prepared baking sheet, then mist with cooking spray. Season with salt and pepper, then roast until tender, about 15 minutes, turning halfway through.
3. In a blender, combine the roasted zucchini, hot broth, chives and lemon juice. Blend until creamy and smooth. Serve immediately.

Nutrition per serving
- Calories 35
- Protein 3 g
- Sugar 3 g
- Carbohydrates 5 g
- Fibre 1 g
- Total fat 0.5 g
- Saturated fat 0 g
- Cholesterol 0 mg
- Sodium 170 mg

THE ASSOCIATED PRESS

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN



ACROSS
1. Bands of eight
7. Singing span
13. Ice cream establishment
15. Mountain peak topping
16. Black-tailed _ Dog (Rodent in southern Saskatchewan)
17. Sicily's capital
18. Willow¹tree's flexible twig
19. Sigma's follower
21. Test the outfit for sizing: 2 wds.
22. Mr. Mineo's
23. Gloria Swanson role, _ Desmond
25. Gambit
26. 'Client' completer
27. Big Apple denizens, with New
29. Philosophy
30. Ophidian
32. Does some editing with film
34. 1980s starlet Ms. Zadora
35. Haunter's cry!
36. Big wreck
40. English actress Ms. Miller's
44. _ favor (Please, in Spanish)
45. Types of small pianos
47. Dishwasher item
48. Cross of ancient Egypt
50. Keeps an eye on the weight lifter
51. Ill-considered
52. Man-made mechanical man
54. Quid _ quo
55. Al _ (Pasta-cooking consistency)
56. Peter of "Bosom Buddies" and "Newhart"
58. Everlastingly
60. _ Fields (Heavenly abode in Greek mythology)
61. Hooplah
62. "_ _ My Life" by Bruno Mars
63. Flips the coin

DOWN
1. Resists
2. Dealership event: 2 wds.
3. Canuck TV show for Julian, Ricky and Bubbles: 3 wds.
4. Fashion designer Mr. Saab, and namesakes
5. Unit of pressure
6. Fashion designer Anna
7. "Snakes _ _ Plane" (2006)
8. Indianapolis football player
9. Doofus
10. Medium for Big A, a 1968 abstract painting by Canadian artist Jack Bush (b.1909 - d.1977): 3 wds.
11. Skedaddle
12. Words created from people's names, such as Walt Disney to Disneyland or Arnold Palmer and the same-named drink or Thursday derived from the Norse god Thor
14. Snappy comeback
15. Sea foams
20. "Raiders of the Lost _" (1981)
23. Tadoussac turndown
24. Dadaist Jean
27. Casual affirmatives
28. Blackthorn fruits
31. Detectives, commonly
33. 'Restrict' suffix
36. Less dense
37. Eye piece for Mr. Peanut
38. Raises
39. 1970s Broadway musical with the song "Magic to Do"
40. Explode or depart: 2 wds.
41. 'I' in FWIW
42. Stark
43. Globes
46. Neither here there ...what's missing?
49. "The Planets" composer Gustav
51. Snorkelling locales
53. "Dynamite" singer Mr. Cruz
55. 007 foe in '62: 2 wds.
57. UK military service
59. Quaker cereal, _ Bran

IT'S ALL IN THE STARS by Sally Brompton

Aries March 21 - April 20
Keep certain situations, and certain people, at arm's length while you sort yourself out. A colleague will come up with a well-meaning suggestion but don't accept — the less you do on the work front today the better.

Taurus April 21 - May 21
You may find it difficult to put into words what is in your head but that's okay. Your body language will tell others what they need to hear, not least of which is that you have no time for slackers.

Gemini May 22 - June 21
There is a danger today that you will overreact to criticism and retreat into your shell. You don't have to be so precious. Toughen up.

Cancer June 22 - July 23
Try not to focus on other people's faults and failings. Be positive, even when dealing with negative people.

Leo July 24 - Aug. 23
You may be tempted to give up on something that is taking up a large slice of your time and your energy. Don't! In a matter of days it will come easier to you, and the hard work you put in earlier will pay off in a big way.

Virgo Aug. 24 - Sept. 23
If you have overextended yourself in some way you will now have to cut back and learn to live within your means. Your cash flow situation is unlikely to improve until you sell off some of those luxury items you own but rarely use.

Libra Sept. 24 - Oct. 23
No matter how persuasive you may be with other people you can no longer fool yourself that things can stay as they are. Both at work and in your private life there will have to be changes.

Scorpio Oct. 24 - Nov. 22
Positive thoughts bring positive results, but the opposite is true as well: if you start thinking you do not deserve all the good things that are coming your way you will find they stop coming very quickly.

Sagittarius Nov. 23 - Dec. 21
You seem anxious, especially on the home front where bickering among loved ones is getting you down. The Sun's change of signs tomorrow will usher in a more positive phase.

Capricorn Dec. 22 - Jan. 20
Cosmic activity in and around the career area of your chart over the next few days will bring out your ambitious side. Don't focus on your rivals — it's what you do that matters.

Aquarius Jan. 21 - Feb. 19
The harder you try to change things the more stubbornly they stay the same. Take the hint and leave enough well alone.

Pisces Feb. 20 - March 20
A task you took on earlier in the month is making no progress and you are on the verge of admitting defeat. However, the planets indicate if you stick it out the tide will turn in your favour in a matter of days. Don't give up on it yet.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9

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2								3
	8			5			6	
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